



# November Bulletin

## Safer Crossing Places

Have you ever tried to cross a road on your own?  
Are some roads easier to cross than others?  
Busier roads are often harder to cross than quieter roads, but we need to be careful on all roads.

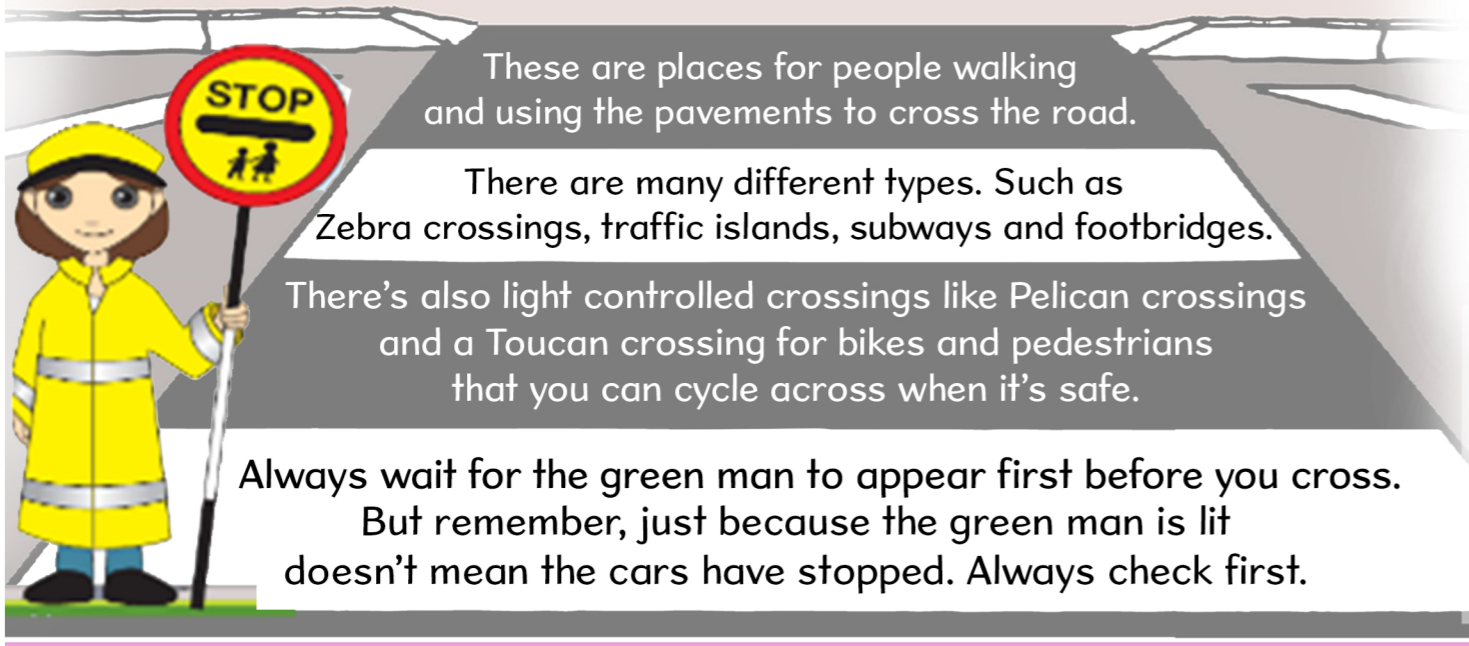


Always look for a pedestrian crossing

Always use the Green Cross Code

STOP  
LOOK  
LISTEN  
THINK

### What are pedestrian crossings?



These are places for people walking and using the pavements to cross the road.

There are many different types. Such as Zebra crossings, traffic islands, subways and footbridges.

There's also light controlled crossings like Pelican crossings and a Toucan crossing for bikes and pedestrians that you can cycle across when it's safe.

Always wait for the green man to appear first before you cross. But remember, just because the green man is lit doesn't mean the cars have stopped. Always check first.

## ANTI-BULLYING

Bullying can happen anywhere and be about anything. It is not okay. Bullying is repetitive and can make us feel upset, angry and lonely. Sometimes the bully won't realise they are bullying someone. They may think they are just being funny as their friends laugh. Trying some of these tips may help.



Have friends who make you feel good about yourself. If someone is always making you sad, they are not a real friend. Be kind to yourself and do things that make you feel good. You could try a new hobby and make new friends. There are all sorts of different clubs to choose from and those friends will have similar interests. You could try out art, a new sport, dancing, acting, martial arts, chess and many more.