

St. Joseph's

Catholic
Primary School



March 2022

Dear Parents/Carers,

EYFS Yoga Club

Yoga Club will take place every Monday from 12:10pm – 12:30pm starting on Monday 25th April until Monday 23rd May. This club encourages movement, balance, relaxation and an awareness of our feelings.

The club will take place in Miss Hilditch's classroom.

The club is open to all Reception/Nursery children but places are limited and will be allocated on a first come first serve basis. Please consent via School Gateway by Wednesday 30th March if your child would like to attend.

Thank you for your continued support.

Yours sincerely,

Miss Hilditch
EYFS lead

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